

PACCCs 2019

1,000m races

| Race | Lane | Mixed | Place | Time |
|---------|------|--|-------|---------|
| 1 | 1 | Titans U16 Mixed | 1 | 6:23.20 |
| | 2 | WAM Snr C Mixed | 1 | 5:38.32 |
| 8:30 AM | 3 | Rogue Dragons Snr C Mixed | 3 | 5:39.51 |
| U16 | 4 | Florida Tarpons Snr C Mixed | 2 | 5:39.02 |
| Snr C | 5 | Harbour City DBA Snr C Mixed | 4 | 6:13.09 |
| U21 | 6 | Thames River U21 Mixed | 1 | 6:02.77 |
| | 7 | | | |
| 1,000m | 8 | | | |
| | 9 | | | |
| | 10 | | | |
| | 11 | | | |
| | 12 | | | |
| Race | Lane | Mixed | Place | Time |
| 2 | 1 | Charleston PC Fire Breathers Snr B Mixed | 5 | 6:23.55 |
| | 2 | Florida Tarpons Snr B Mixed | 2 | 5:49.20 |
| 8:55 AM | 3 | Pond Scum Snr B Mixed | 4 | 5:52.59 |
| Snr B | 4 | 22 Dragons Snr B Mixed | 3 | 5:49.28 |
| Snr A | 5 | Pickering DBC Snr B Mixed | 1 | 5:43.85 |
| | 6 | Team DPW Snr A Mixed | 1 | 5:36.58 |
| 1,000m | 7 | SACA Golden Dragons Snr A Mixed | 4 | 5:54.00 |
| | 8 | Pond Scum Snr A Mixed | 3 | 5:51.03 |
| | 9 | Red Dragons Snr A Mixed | 2 | 5:50.68 |
| | 10 | | | |
| | 11 | | | |
| | 12 | | | |
| Race | Lane | Mixed Race 1 | Place | Time |
| 3 | 1 | Charleston PC Fire Breathers Premier Mixed | 11 | 8:59.66 |
| | 2 | Oceanus DBC Premier Mixed | 2 | 5:37.05 |
| 9:20 AM | 3 | Panadragon Premier Mixed | 6 | 5:43.62 |
| Premier | 4 | Peeking Ducks Premier Mixed | 10 | 6:31.92 |
| | 5 | Sky DBC Premier Mixed | 7 | 5:46.10 |
| 1,000m | 6 | Hydro Warriors Premier Mixed | 9 | 6:08.79 |
| | 7 | | | |
| | 8 | | | |
| | 9 | | | |
| | 10 | | | |
| | 11 | | | |
| | 12 | | | |

PACCCs 2019

| Race | Lane | Mixed Race 2 | Place | Time |
|------------|------|------------------------------------|-------|---------|
| 4 | 1 | Team DPW Snr A Open | 1 | 5:31.25 |
| | 2 | SACA Golden Dragons Snr A Open | 3 | 5:40.93 |
| 9:50 AM | 3 | Pond Scum Snr A Open | 2 | 5:34.30 |
| Snr A Open | 4 | | | |
| Premier | 5 | Aquaholics Premier Mixed | 1 | 5:36.55 |
| | 6 | WAM Premier Mixed | 4 | 5:38.75 |
| 1,000m | 7 | Miami Dragon Slayers Premier Mixed | 8 | 5:51.31 |
| | 8 | Verdun Premier Mixed | 5 | 5:39.06 |
| | 9 | Red Dragons Premier Mixed | 3 | 5:37.84 |
| | 10 | | | |
| | 11 | Red Dragons Snr A Open | 4 | 5:49.68 |
| | 12 | | | |
| Race | Lane | Open | Place | Time |
| 5 | 1 | Fatima DBC U21 Open | 3 | 6:14.20 |
| | 2 | HVC Hyperion U21 Open | 1 | 5:46.09 |
| 10:20 AM | 3 | Thames River U21 Open | 2 | 5:57.88 |
| U21 | 4 | WAM Snr C Open | 2 | 5:48.50 |
| Snr C | 5 | Harbour City DBA Snr C Open | 1 | 5:44.73 |
| Snr B | 6 | Florida Tarpons Snr B Open | 2 | 5:45.38 |
| | 7 | DNR | | |
| 1,000m | 8 | Pickering DBC Snr B Open | 1 | 5:42.19 |
| | 9 | 22 Dragons Snr B Open | 3 | 5:47.74 |
| | 10 | | | |
| | 11 | | | |
| | 12 | | | |
| Race | Lane | Open | Place | Time |
| 6 | 1 | Sky DBC Premier Open | 2 | 5:22.41 |
| | 2 | Oceanus DBC Premier Open | 1 | 5:20.33 |
| 10:45 AM | 3 | Friendship Dragons Premier Open | 4 | 5:34.16 |
| | 4 | Ithaca Gorges DBC Premier Open | 8 | 6:21.42 |
| Premier | 5 | WAM Premier Open | 5 | 5:39.13 |
| | 6 | Aquaholics Premier Open | 3 | 5:28.12 |
| 1,000m | 7 | Red Dragons Premier Open | 7 | 5:39.77 |
| | 8 | SACA Golden Dragons Premier Open | 6 | 5:39.68 |
| | 9 | | | |
| | 10 | | | |
| | 11 | | | |
| | 12 | | | |

PACCCs 2019

| Race | Lane | Women | Place | Time |
|----------|------|---|-------|---------|
| 7 | 1 | Fort Langley D-Fyance Snr C Women | 4 | 6:43.06 |
| | 2 | WAM Snr C Women | 1 | 5:56.63 |
| 11:10 AM | 3 | Harbour City DBA Snr C Women | 3 | 6:18.68 |
| Snr C | 4 | Fort Langley Titanium Snr C Women | 2 | 6:02.19 |
| Snr A | 5 | SACA Golden Dragons Snr A Women | 4 | 6:14.63 |
| | 6 | Team DPW Snr A Women | 2 | 6:01.71 |
| 1,000m | 7 | Florida Tarpons Snr A Women | 1 | 5:49.79 |
| | 8 | Pond Scum Snr A Women | 5 | 6:23.79 |
| | 9 | Red Dragons Snr A Women | 3 | 6:14.04 |
| | 10 | DNR | | |
| | 11 | | | |
| | 12 | | | |
| Race | Lane | Women | Place | Time |
| 8 | 1 | Pickering DBC Rec Snr B Women | 3 | 6:31.41 |
| | 2 | Fort Langley Fast and Furious Snr B Women | 2 | 6:22.40 |
| 11:35 AM | 3 | Pickering DBC Snr B Women | 1 | 6:10.93 |
| Snr B | 4 | Dragon Boat Training Snr B Women | 5 | 6:37.62 |
| Premier | 5 | Pond Scum DBC Snr B Women | 4 | 6:35.06 |
| | 6 | Ithaca Gorges DBC Premier Women | 5 | 7:10.94 |
| 1,000m | 7 | Red Dragons Premier Women | 4 | 6:34.92 |
| | 8 | Cascades Premier Women | 1 | 6:07.16 |
| | 9 | SACA Golden Dragons Premier Women | 3 | 6:31.10 |
| | 10 | Verdun Premier Women | 2 | 6:21.36 |
| | 11 | | | |
| | 12 | | | |

PACCCs 2019

2,000m races

| Race | Lane | Mixed | Place | Time |
|---------|------|-----------------------------|-------|----------|
| 9 | 1 | WAM Snr C Mixed | 3 | 12:12.92 |
| | 2 | Rogue Dragons Snr C Mixed | 1 | 11:53.03 |
| 1:00 PM | 3 | Florida Tarpons Snr C Mixed | 2 | 12:06.79 |
| | 4 | Thames River U21 Mixed | 1 | 13:08.29 |
| Snr C | 5 | | | |
| U21 | 6 | | | |
| | 7 | | | |
| 2,000m | 8 | | | |
| | 9 | | | |
| | 10 | | | |
| | 11 | | | |
| | 12 | | | |

PACCCs 2019

| Race | Lane | Mixed | Place | Time | |
|---------|------|--|-------|----------|------------------|
| 10 | 1 | DNR | | | |
| | 2 | Charleston PC Fire Breathers Snr B Mixed | 5 | 13:00.06 | 2 sec Bonus |
| 1:30 PM | 3 | Florida Tarpons Snr B Mixed | 1 | 11:55.43 | |
| Snr B | 4 | Pond Scum Snr B Mixed | 3 | 12:13.70 | |
| Snr A | 5 | 22 Dragons Snr B Mixed | 4 | 12:16.23 | |
| | 6 | Pickering DBC Snr B Mixed | 2 | 12:08.70 | |
| 2,000m | 7 | Team DPW Snr A Mixed | 1 | 11:38.99 | |
| | 8 | SACA Golden Dragons Snr A Mixed | 4 | 12:48.57 | |
| | 9 | Pond Scum Snr A Mixed | 2 | 12:09.74 | |
| | 10 | Red Dragons Snr A Mixed | 3 | 12:39.01 | 5 Sec Penalty |
| | 11 | | | | |
| | 12 | | | | |
| Race | Lane | Mixed | Place | Time | |
| 11 | 1 | DNR | | | |
| | 2 | Charleston PC Fire Breathers Premier Mixed | 9 | 13:00.80 | 2 + 5 sec Penalt |
| 2:00 PM | 3 | Oceanus DBC Premier Mixed | 1 | 11:38.19 | |
| Premier | 4 | Panadragon Premier Mixed | 3 | 11:53.22 | 5 sec Penalty |
| | 5 | Sky DBC Premier Mixed | 5 | 12:17.26 | |
| 2,000m | 6 | Hydro Warriors Premier Mixed | 10 | 13:45.07 | 10 sec Bonus |
| | 7 | Aquaholics Premier Mixed | 2 | 11:47.55 | |
| | 8 | WAM Premier Mixed | 4 | 11:55.70 | |
| | 9 | Miami Dragon Slayers Premier Mixed | 7 | 12:22.03 | 10 sec Bonus |
| | 10 | Verdun Premier Mixed | 8 | 12:31.35 | 20 + 10 sec Pen |
| | 11 | SACA Golden Dragons Premier Mixed | 6 | 12:18.69 | |
| | 12 | | | | |
| | Lane | Open | Place | Time | |
| 12 | 1 | HVC Hyperion U21 Open | 1 | 12:20.08 | |
| | 2 | Thames River U21 Open | 2 | 12:42.55 | |
| 2:30 PM | 3 | WAM Snr C Open | 1 | 12:28.18 | |
| U21 | 4 | Florida Tarpons Snr B Open | 1 | 11:30.10 | |
| Snr C | | DNR | | 0:00.00 | |
| Snr B | 6 | Pickering DBC Snr B Open | 2 | 12:13.47 | |
| Snr A | 7 | 22 Dragons Snr B Open | 3 | 12:52.18 | 5 sec Penalty |
| | 8 | Team DPW Snr A Open | 1 | 11:32.19 | |
| 2,000m | 9 | SACA Golden Dragons Snr A Open | 4 | 12:22.09 | |
| | 10 | Pond Scum Snr A Open | 2 | 11:51.94 | |
| | 11 | Red Dragons Snr A Open | 3 | 12:06.11 | |
| | 12 | | | | |

PACCCs 2019

| Race | Lane | Open | Place | Time |
|---------|------|---|-------|----------|
| 13 | 1 | DNR | | |
| | 2 | Titans Premier Open | 7 | 12:02.25 |
| 3:00 PM | 3 | Sky DBC Premier Open | 4 | 11:33.64 |
| Premier | 4 | Oceanus DBC Premier Open | 1 | 11:05.13 |
| | 5 | Friendship Dragons Premier Open | 2 | 11:21.30 |
| 2,000m | 6 | Ithaca Gorges DBC Premier Open | 8 | 13:32.21 |
| | 7 | WAM Premier Open | 6 | 12:00.59 |
| | 8 | Aquaholics Premier Open | 3 | 11:26.35 |
| | 9 | SACA Golden Dragons Premier Open | 5 | 11:46.29 |
| | 10 | | | |
| | 11 | | | |
| | 12 | | | |
| Race | Lane | Women | Place | Time |
| 14 | 1 | Fort Langley D-Fyance Snr C Women | 3 | 14:23.36 |
| | 2 | WAM Snr C Women | 1 | 12:40.51 |
| 3:30 PM | 3 | Fort Langley Titanium Snr C Women | 2 | 13:03.93 |
| Snr C | 4 | SACA Golden Dragons Snr A Women | 4 | 13:24.47 |
| Snr A | 5 | Team DPW Snr A Women | 3 | 13:06.06 |
| | 6 | Florida Tarpons Snr A Women | 1 | 12:12.57 |
| 2,000m | 7 | Cascades Snr A Women | 2 | 12:17.23 |
| | 8 | | | |
| | 9 | | | |
| | 10 | | | |
| | 11 | | | |
| | 12 | | | |
| Race | Lane | Women | Place | Time |
| 15 | 1 | Pickering DBC Rec Snr B Women | 5 | 13:59.87 |
| | 2 | Fort Langley Fast and Furious Snr B Women | 4 | 12:59.04 |
| 4:00 PM | 3 | Pickering DBC Snr B Women | 1 | 12:46.40 |
| Snr B | 4 | Dragon Boat Training Snr B Women | 2 | 12:51.91 |
| Premier | 5 | Pond Scum DBC Snr B Women | 3 | 12:54.90 |
| | 6 | Team DPW Premier Women | 3 | 13:02.31 |
| 2,000m | 7 | Ithaca Gorges DBC Premier Women | 5 | 13:54.88 |
| | 8 | Red Dragons Premier Women | 2 | 12:49.27 |
| | 9 | DNR | | 0:00.00 |
| | 10 | SACA Golden Dragons Premier Women | 4 | 13:49.78 |
| | 11 | Verdun Premier Women | 1 | 12:38.68 |
| | 12 | | | 0:00.00 |

20 sec Bonus
5 + 20 minus 20

10 sec Bonus
10 sec Penalty

PACCCs 2019

500m races

| Race | Lane | Mixed Heat 1 | Place | Time |
|----------|------|--|-------|---------|
| 16 | 1 | | | |
| | 2 | WAM Premier Mixed | 1 | 2:37.69 |
| 8:00 AM | 3 | SACA Golden Dragons Premier Mixed | 2 | 2:37.94 |
| Premier | 4 | Titans Premier Mixed | 3 | 2:39.97 |
| Race | Lane | Mixed Heat 2 | Place | Time |
| 17 | 1 | Peeking Ducks Premier Mixed | 4 | 2:49.40 |
| | 2 | Aquaholics Premier Mixed | 1 | 2:32.66 |
| 8:07 AM | 3 | Verdun Premier Mixed | 2 | 2:34.96 |
| Premier | 4 | Trailblazers Premier Mixed | 3 | 2:45.32 |
| Race | Lane | Mixed Heat 3 | Place | Time |
| 18 | 1 | Panadragon Premier Mixed | 3 | 2:36.46 |
| | 2 | Oceanus DBC Premier Mixed | 2 | 2:35.77 |
| 8:14 AM | 3 | Red Dragons Premier Mixed | 1 | 2:35.13 |
| Premier | 4 | Sky DBC Premier Mixed | 4 | 2:38.31 |
| Race | Lane | Mixed Heat 4 | Place | Time |
| 19 | 1 | Aprochampions Premier Mixed | 1 | 2:32.42 |
| | 2 | Hydro Warriors Premier Mixed | 3 | 2:40.55 |
| 8:21 AM | 3 | Miami Dragon Slayers Premier Mixed | 2 | 2:38.40 |
| Premier | 4 | Charleston PC Fire Breathers Premier Mixed | 4 | 2:42.93 |
| Race | Lane | Mixed Heat 1 | Place | Time |
| 20 | 1 | WAM Snr C Mixed | 3 | 2:42.13 |
| | 2 | Harbour City Dragons Snr C Mixed | 4 | 2:48.45 |
| 8:28 AM | 3 | Florida Tarpons Snr C Mixed | 2 | 2:41.81 |
| Snr C | 4 | Rogue Dragons Snr C Mixed | 1 | 2:40.61 |
| Race | Lane | Mixed Heat 1 | Place | Time |
| 21 | 1 | Team DPW Snr A Mixed | 1 | 2:40.46 |
| | 2 | Pond Scum Snr A Mixed | 2 | 2:40.69 |
| 8:35 AM | 3 | Red Dragons Snr A Mixed | 3 | 2:41.32 |
| Snr A | 4 | SACA Golden Dragons Snr A Mixed | 4 | 2:44.07 |
| Race | Lane | Mixed Heat 1 | Place | Time |
| 22 | 1 | Titans U16 Mixed | 1 | 2:52.00 |
| | 2 | | | |
| 8:42 AM | 3 | Thames River U21 Mixed | 1 | 2:45.01 |
| U16, U21 | 4 | HVC Hyperion U21 Mixed | 2 | 3:43.02 |
| Race | Lane | Mixed Heat 1 | Place | Time |
| 23 | 1 | | | |
| | 2 | Pond Scum Snr B Mixed | 2 | 2:46.11 |
| 8:49 AM | 3 | Pickering DBC Snr B Mixed | 1 | 2:44.77 |
| Snr B | 4 | Team DPW Snr B Mixed | | |

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500m races

| Race | Lane | Mixed Heat 1 | Place | Time |
|----------|------|--|-------|---------|
| 24 | 1 | | | |
| | 2 | Florida Tarpons Snr B Mixed | 1 | 2:42.23 |
| 8:56 AM | 3 | 22 Dragons Snr B Mixed | 2 | 2:48.06 |
| Snr B | 4 | Charleston PC Fire Breathers Snr B Mixed | 3 | 2:52.40 |
| Race | Lane | Mixed Rep 1 | Place | Time |
| 25 | 1 | | | |
| | 2 | Sky DBC Premier Mixed | 2 | 2:45.99 |
| 9:03 AM | 3 | Panadragon Premier Mixed | 1 | 2:44.58 |
| Premier | 4 | Titans Premier Mixed | 3 | 2:48.23 |
| Race | Lane | Mixed Rep 2 | Place | Time |
| 26 | 1 | Peeking Ducks Premier Mixed | 3 | 2:51.58 |
| | 2 | Charleston PC Fire Breathers Premier Mixed | 4 | 2:53.04 |
| 9:10 AM | 3 | Hydro Warriors Premier Mixed | 2 | 2:51.05 |
| Premier | 4 | Trailblazers Premier Mixed | 1 | 2:50.20 |
| Race | Lane | Mixed Heat 2 | Place | Time |
| 27 | 1 | Florida Tarpons Snr C Mixed | 2 | 2:46.11 |
| | 2 | Rogue Dragons Snr C Mixed | 1 | 2:44.79 |
| 9:17 AM | 3 | WAM Snr C Mixed | 3 | 2:48.14 |
| Snr C | 4 | Harbour City Dragons Snr C Mixed | 4 | 2:53.24 |
| Race | Lane | Mixed Heat 2 | Place | Time |
| 28 | 1 | Red Dragons Snr A Mixed | 3 | 2:47.80 |
| | 2 | SACA Golden Dragons Snr A Mixed | 4 | 2:49.78 |
| 9:24 AM | 3 | Team DPW Snr A Mixed | 1 | 2:46.46 |
| Snr A | 4 | Pond Scum Snr A Mixed | 2 | 2:47.38 |
| Race | Lane | Mixed Heat 2 | Place | Time |
| 29 | 1 | Thames River U21 Mixed | 1 | 2:51.89 |
| | 2 | HVC Hyperion U21 Mixed | 2 | 2:52.06 |
| 9:31 AM | 3 | Titans U16 Mixed | 1 | 2:59.94 |
| U21, U16 | 4 | | | |
| Race | Lane | Mixed Heat 2 | Place | Time |
| 30 | 1 | | | |
| | 2 | Pickering DBC Snr B Mixed | 2 | 2:49.31 |
| 9:38 AM | 3 | Team DPW Snr B Mixed | | DNR |
| Snr B | 4 | Florida Tarpons Snr B Mixed | 1 | 2:48.44 |
| Race | Lane | Mixed Heat 2 | Place | Time |
| 31 | 1 | | | |
| | 2 | 22 Dragons Snr B Mixed | 2 | 2:52.51 |
| 9:45 AM | 3 | Charleston PC Fire Breathers Snr B Mixed | 3 | 2:54.26 |
| Snr B | 4 | Pond Scum Snr B Mixed | 1 | 2:52.42 |

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500m races

| Race | Lane | Mixed Semi Final 1 | Place | Time |
|----------|------|--|-------|----------------|
| 32 | 1 | Sky DBC Premier Mixed | 1 | 2:50.01 |
| | 2 | Miami Dragon Slayers Premier Mixed | 4 | 2:56.66 |
| 9:52 AM | 3 | WAM Premier Mixed | 3 | 2:51.46 |
| Premier | 4 | Verdun Premier Mixed | 2 | 2:51.25 |
| Race | Lane | Mixed Semi Final 2 | Place | Time |
| 33 | 1 | Hydro Warriors Premier Mixed | 4 | 2:53.49 |
| | 2 | Oceanus DBC Premier Mixed | 2 | 2:46.45 |
| 9:59 AM | 3 | Aquaholics Premier Mixed | 1 | 2:45.24 |
| Premier | 4 | Panadragon Premier Mixed | 3 | 2:47.83 |
| Race | Lane | Mixed Semi Final 3 | Place | Time |
| 34 | 1 | Trailblazers Premier Mixed | 4 | 2:53.81 |
| | 2 | Aprochampions Premier Mixed | 2 | 2:52.59 |
| 10:06 AM | 3 | Red Dragons Premier Mixed | 1 | 2:47.22 |
| Premier | 4 | SACA Golden Dragons Premier Mixed | 3 | 2:52.92 |
| Race | Lane | Mixed Heat 3 | Place | Time |
| 35 | 1 | Rogue Dragons Snr C Mixed | | |
| | 2 | WAM Snr C Mixed | | race cancelled |
| 10:13 AM | 3 | Harbour City Dragons Snr C Mixed | | |
| Snr C | 4 | Florida Tarpons Snr C Mixed | | |
| Race | Lane | Mixed Heat 3 | Place | Time |
| 36 | 1 | Pond Scum Snr A Mixed | | |
| | 2 | Red Dragons Snr A Mixed | | race cancelled |
| 10:20 AM | | SACA Golden Dragons Snr A Mixed | | |
| Snr A | 4 | Team DPW Snr A Mixed | | |
| Race | Lane | Mixed Heat 3 | Place | Time |
| 37 | 1 | | | |
| | 2 | Titans U16 Mixed | | race cancelled |
| 10:27 AM | 3 | HVC Hyperion U21 Mixed | | |
| U16, U21 | 4 | Thames River U21 Mixed | | |
| Race | Lane | Mixed Heat 3 | Place | Time |
| 38 | 1 | | | |
| | 2 | Team DPW Snr B Mixed | | race cancelled |
| 10:34 AM | 3 | Florida Tarpons Snr B Mixed | | |
| Snr B | 4 | 22 Dragons Snr B Mixed | | |
| Race | Lane | Mixed Heat 3 | Place | Time |
| 39 | 1 | | | |
| | 2 | Charleston PC Fire Breathers Snr B Mixed | | race cancelled |
| 10:41 AM | 3 | Pond Scum Snr B Mixed | | |
| Snr B | 4 | Pickering DBC Snr B Mixed | | |

PACCCs 2019

500m races

| Race | Lane | Mixed Tail | Place | Time |
|------------|------|--|-------|----------------|
| 40 | 1 | Sorted Rep time 8 | | |
| | 2 | Peeking Ducks Premier Mixed | | race cancelled |
| 10:48 AM | 3 | Titans Premier Mixed | | |
| Premier | 4 | Charleston PC Fire Breathers Premier Mixed | | |
| Race | Lane | Mixed Plate Final | Place | Time |
| 41 | 1 | Miami Dragon Slayers Premier Mixed | | |
| | 2 | Hydro Warriors Premier Mixed | | race cancelled |
| 10:55 AM | 3 | SACA Golden Dragons Premier Mixed | | |
| Premier | 4 | Trailblazers Premier Mixed | | |
| Race | Lane | Mixed Minor Final | Place | Time |
| 42 | 1 | Aprochampions Premier Mixed | 4 | 2:48.62 |
| | 2 | Verdun Premier Mixed | 2 | 2:46.99 |
| 11:02 AM | 3 | Sky DBC Premier Mixed | 1 | 2:46.97 |
| Premier | 4 | WAM Premier Mixed | 3 | 2:47.40 |
| Race | Lane | Mixed Grand Final | Place | Time |
| 43 | 1 | Panadragon Premier Mixed | 4 | 2:45.71 |
| | 2 | Oceanus DBC Premier Mixed | 2 | 2:44.29 |
| 11:09 AM | 3 | Aquaholics Premier Mixed | 1 | 2:42.16 |
| | 4 | Red Dragons Premier Mixed | 3 | 2:44.89 |
| Race | Lane | Open Heats 1 | Place | Time |
| 44 | 1 | Trailblazers Premier Open | 3 | 2:44.56 |
| | 2 | WAM Premier Open | 4 | 2:45.94 |
| 11:16 AM | 3 | Red Dragons Premier Open | 2 | 2:44.28 |
| Premier | 4 | Friendship Dragons Premier Open | 1 | 2:41.55 |
| Race | Lane | Open Heats 2 | Place | Time |
| 45 | 1 | | | |
| | 2 | Ithaca Gorges DBC Premier Open | 3 | 2:57.11 |
| 11:23 AM | 3 | SACA Golden Dragons Premier Open | 2 | 2:42.94 |
| Premier | 4 | Oceanus DBC Premier Open | 1 | 2:41.08 |
| Race | Lane | Open Heats 3 | Place | Time |
| 46 | 1 | | | |
| | 2 | Titans Premier Open | 3 | 2:43.60 |
| 11:30 AM | 3 | Aquaholics Premier Open | 2 | 2:41.50 |
| Premier | 4 | Sky DBC Premier Open | 1 | 2:39.69 |
| Race | Lane | Open Heats 1 | Place | Time |
| 47 | 1 | | | |
| | 2 | Wam Snr C Open | 1 | 2:48.60 |
| 11:37 AM | 3 | Harbour City Dragons Snr C Open | 3 | 2:57.01 |
| Snr C, U16 | 4 | Titans U16 Open | 2 | 2:54.46 |

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500m races

| Race | Lane | Open Heats 1 | Place | Time |
|----------|------|--|-------|---------|
| 48 | 1 | SACA Golden Dragons Snr A Open | 4 | 2:45.14 |
| | 2 | Pond Scum Snr A Open | 2 | 2:43.08 |
| 11:44 AM | 3 | Red Dragons Snr A Open | 3 | 2:44.01 |
| Snr A | 4 | Team DPW Snr A Open | 1 | 2:42.82 |
| Race | Lane | Open Heats 1 | Place | Time |
| 49 | 1 | Pond Scum Snr B Open | | DNR |
| | 2 | 22 Dragons Snr B Open | 3 | 2:46.73 |
| 11:51 AM | 3 | Pickering DBC Snr B Open | 2 | 2:44.42 |
| Snr B | 4 | Florida Tarpons Snr B Open | 1 | 2:41.50 |
| Race | Lane | Open Heats 1 | Place | Time |
| 50 | 1 | Imperium U21 Open | 1 | 2:40.09 |
| | 2 | HVC Hyperion U21 Open | 4 | 3:08.82 |
| 11:58 AM | 3 | Thames River U21 Open | 2 | 2:46.64 |
| U21 | 4 | Fatima DB U21 Open | 3 | 2:57.28 |
| Race | Lane | Women Heat 1 | Place | Time |
| 51 | 1 | | | |
| | 2 | Cascades Premier Women | 2 | 2:53.36 |
| 12:05 PM | 3 | Red Dragons Premier Women | 1 | 2:51.98 |
| Premier | 4 | Peeking Ducks Premier Women | 3 | 3:06.35 |
| Race | Lane | Women Heat 2 | Place | Time |
| 52 | 1 | Trailblazers Premier Women | 3 | 2:53.61 |
| | 2 | Verdun Premier Women | 1 | 2:50.42 |
| 12:12 PM | 3 | SACA Golden Dragons Premier Women | 2 | 2:53.48 |
| Premier | 4 | Ithaca Gorges DBC Premier Women | 4 | 3:00.98 |
| Race | Lane | Women Heat 1 | Place | Time |
| 53 | 1 | | | |
| | 2 | Pickering DBC Rec Snr B Women | 3 | 3:01.97 |
| 12:19 PM | 3 | Dragon Boat Training Snr B Women | 2 | 2:57.58 |
| Snr B | 4 | Pond Scum DBC Snr B Women | 1 | 2:54.16 |
| Race | Lane | Women Heat 1 | Place | Time |
| 54 | 1 | | | |
| | 2 | Fort Langley CC Fast & Furious Snr B Women | 2 | 2:55.99 |
| 12:26 PM | 3 | Pickering DBC Snr B Women | 1 | 2:50.98 |
| Snr B | 4 | | | |
| Race | Lane | Women Heat 1 | Place | Time |
| 55 | 1 | Fort Langley CC D-Fyance Snr C Women | 4 | 3:12.50 |
| | 2 | Harbour City Dragons Snr C Women | 3 | 3:03.82 |
| 12:33 PM | 3 | Fort Langley CC Titanium Snr C Women | 2 | 2:53.42 |
| Snr C | 4 | WAM Snr C Women | 1 | 2:51.85 |

PACCCs 2019

500m races

| Race | Lane | Women Heat 1 | Place | Time |
|------------|------|---|-------|---------|
| 56 | 1 | | | |
| | 2 | Florida Tarpons Snr A Women | 1 | 2:45.01 |
| 12:40 PM | 3 | Red Dragons Snr A Women | 2 | 2:55.24 |
| Snr A | 4 | Team DPW Snr A Women | 3 | 2:57.17 |
| Race | Lane | Women Heat 1 | Place | Time |
| 57 | 1 | | | |
| | 2 | SACA Golden Dragons Snr A Women | 2 | 2:57.11 |
| 12:47 PM | 3 | Cascades Snr A Women | 1 | 2:49.79 |
| Snr A | 4 | | | |
| Race | Lane | Women Heat 1 | Place | Time |
| 58 | 1 | BA Dragons U21 Women | 3 | 3:01.18 |
| | 2 | HNC Water Dragons U21 Women | 1 | 2:55.38 |
| 12:54 PM | 3 | SJC Wave Breakers U21 Women | 2 | 2:56.70 |
| U21 | 4 | St Francois Girls College Orcas U21 Women | 4 | 3:01.27 |
| Race | Lane | Open Rep | Place | \ |
| 59 | 1 | tenth in Heats | | |
| | 2 | WAM Premier Open | 2 | 2:42.07 |
| 1:01 PM | 3 | Trailblazers Premier Open | 1 | 2:41.82 |
| Premier | 4 | Ithaca Gorges DBC Premier Open | 3 | 2:57.15 |
| Race | Lane | Open Semi | Place | Time |
| 60 | 1 | Red Dragons Premier Open | 2 | 2:35.18 |
| | 2 | SACA Golden Dragons Premier Open | 3 | 2:36.63 |
| 1:08 PM | 3 | Aquaholics Premier Open | 1 | 2:33.55 |
| Premier | 4 | Titans Premier Open | 4 | 2:37.39 |
| Race | Lane | Open Heat 2 | Place | Time |
| 61 | 1 | Titans U16 Open | 2 | 2:46.70 |
| | 2 | Harbour City Dragons Snr C Open | 3 | 3:20.43 |
| 1:15 PM | 3 | Wam Snr C Open | 1 | 2:43.20 |
| U16, Snr C | 4 | | | |
| Race | Lane | Open Heat 2 | Place | Time |
| 62 | 1 | Red Dragons Snr A Open | 3 | 2:39.14 |
| | 2 | Team DPW Snr A Open | 1 | 2:35.87 |
| 1:22 PM | 3 | SACA Golden Dragons Snr A Open | 4 | 2:40.10 |
| Snr A | 4 | Pond Scum Snr A Open | 2 | 2:35.99 |
| Race | Lane | Open Heat 2 | Place | Time |
| 63 | 1 | Pickering DBC Snr B Open | 2 | 2:43.52 |
| | 2 | Florida Tarpons Snr B Open | 1 | 2:35.85 |
| 1:29 PM | 3 | Pond Scum Snr B Open | | DNR |
| Snr B | 4 | 22 Dragons Snr B Open | 3 | 2:45.17 |

PACCCs 2019

500m races

| Race | Lane | Open Heat 2 | Place | Time |
|---------|------|--|-------|---------|
| 64 | 1 | Thames River U21 Open | 2 | 2:44.46 |
| | 2 | Fatima DB U21 Open | 3 | 2:44.68 |
| 1:36 PM | 3 | Imperium U21 Open | 1 | 2:37.71 |
| Open | 4 | HVC Hyperion U21 Open | 4 | 2:53.59 |
| Race | Lane | Women Semi 1 | Place | Time |
| 65 | 1 | | | |
| | 2 | Trailblazers Premier Women | 2 | 2:52.17 |
| 1:43 PM | 3 | Cascades Premier Women | 1 | 2:42.85 |
| Premier | 4 | Peeking Ducks Premier Women | 3 | 3:04.44 |
| Race | Lane | Women Semi 2 | Place | Time |
| 66 | 1 | | | |
| | 2 | Ithaca Gorges DBC Premier Women | 2 | 2:59.36 |
| 1:50 PM | 3 | SACA Golden Dragons Premier Women | 1 | 2:53.82 |
| Premier | 4 | | | |
| Race | Lane | Women Heat 2 | Place | Time |
| 67 | 1 | | | |
| | 2 | Pickering DBC Snr B Women | 1 | 2:47.63 |
| 1:57 PM | 3 | Pickering DBC Rec Snr B Women | 3 | 3:06.23 |
| Snr B | 4 | Fort Langley CC Fast & Furious Snr B Women | 2 | 2:52.00 |
| Race | Lane | Women Heat 2 | Place | Time |
| 68 | 1 | | | |
| | 2 | Dragon Boat Training Snr B Women | 2 | 2:50.85 |
| 2:04 PM | 3 | Pond Scum DBC Snr B Women | 1 | 2:49.44 |
| Snr B | 4 | | | |
| Race | Lane | Women Heat 2 | Place | Time |
| 69 | 1 | Fort Langley CC Titanium Snr C Women | 2 | 2:55.14 |
| | 2 | WAM Snr C Women | 1 | 2:51.70 |
| 2:11 PM | 3 | Fort Langley CC D-Fyance Snr C Women | 4 | 3:15.03 |
| Snr C | 4 | Harbour City Dragons Snr C Women | 3 | 3:06.43 |
| Race | Lane | Women Heat 2 | Place | Time |
| 70 | 1 | | | |
| | 2 | SACA Golden Dragons Snr A Women | 3 | 2:53.76 |
| 2:18 PM | 3 | Florida Tarpons Snr A Women | 1 | 2:41.90 |
| Snr A | 4 | Cascades Snr A Women | 2 | 2:45.66 |
| Race | Lane | Women Heat 2 | Place | Time |
| 71 | 1 | | | |
| | 2 | | | |
| 2:25 PM | 3 | Team DPW Snr A Women | 1 | 2:50.83 |
| Snr A | 4 | Red Dragons Snr A Women | 2 | 2:52.20 |

PACCCs 2019

500m races

| Race | Lane | Women Heat 2 | Place | Time |
|------------|------|---|-------|----------------|
| 72 | 1 | SJC Wave Breakers U21 Women | 3 | 3:01.07 |
| | 2 | St Francois Girls College Orcas U21 Women | 2 | 2:57.03 |
| 2:32 PM | 3 | BA Dragons U21 Women | 4 | 3:03.66 |
| U21 | 4 | HNC Water Dragons U21 Women | 1 | 2:55.21 |
| Race | Lane | Open, Tail | Place | Time |
| 73 | 1 | | | |
| | 2 | Ithaca Gorges DBC Premier Open | | race cancelled |
| 2:39 PM | 3 | WAM Premier Open | | |
| Premier | 4 | Fourth in Reps (race 59) | | |
| Race | Lane | Open Heat 3 | Place | Time |
| 74 | 1 | | | |
| | 2 | Titans U16 Open | | race cancelled |
| 2:46 PM | 3 | Wam Snr C Open | | |
| U16, Snr C | 4 | Harbour City Dragons Snr C Open | | |
| Race | Lane | Open Heat 3 | Place | Time |
| 75 | 1 | Team DPW Snr A Open | | |
| | 2 | Red Dragons Snr A Open | | race cancelled |
| 2:53 PM | 3 | Pond Scum Snr A Open | | |
| Snr A | 4 | SACA Golden Dragons Snr A Open | | |
| Race | Lane | Open Heat 3 | Place | Time |
| 76 | 1 | Florida Tarpons Snr B Open | | |
| | 2 | Pickering DBC Snr B Open | | race cancelled |
| 3:00 PM | 3 | 22 Dragons Snr B Open | | |
| Snr B | 4 | Pond Scum Snr B Open | | |
| Race | Lane | Open Heat 3 | Place | Time |
| 77 | 1 | HVC Hyperion U21 Open | | |
| | 2 | Imperium U21 Open | | race cancelled |
| 3:07 PM | 3 | Fatima DB U21 Open | | |
| U21 | 4 | Thames River U21 Open | | |
| Race | Lane | Women Minor Final | Place | Time |
| 78 | 1 | | | |
| | 2 | Ithaca Gorges DBC Premier Women | | race cancelled |
| 3:14 PM | 3 | Trailblazers Premier Women | | |
| Premier | 4 | Peeking Ducks Premier Women | | |
| Race | Lane | Women Major Final | Place | Time |
| 79 | 1 | SACA Golden Dragons Premier Women | 4 | 2:55.20 |
| | 2 | Verdun Premier Women | 2 | 2:44.58 |
| 3:21 PM | 3 | Red Dragons Premier Women | 3 | 2:47.66 |
| Premier | 4 | Cascades Premier Women | 1 | 2:42.37 |

PACCCs 2019

500m races

| Race | Lane | Women Heat 3 | Place | Time |
|---------|------|--|-------|----------------|
| 80 | 1 | | | |
| | 2 | | | race cancelled |
| 3:28 PM | 3 | Pond Scum DBC Snr B Women | | |
| Snr B | 4 | Dragon Boat Training Snr B Women | | |
| Race | Lane | Women Heat 3 | Place | Time |
| 81 | 1 | | | |
| | 2 | Pickering DBC Snr B Women | | race cancelled |
| 3:35 PM | 3 | Fort Langley CC Fast & Furious Snr B Women | | |
| Snr B | 4 | Pickering DBC Rec Snr B Women | | |
| Race | Lane | Women Heat 3 | Place | Time |
| 82 | 1 | WAM Snr C Women | | |
| | 2 | Fort Langley CC Titanium Snr C Women | | race cancelled |
| 3:42 PM | 3 | Harbour City Dragons Snr C Women | | |
| Snr C | 4 | Fort Langley CC D-Fyance Snr C Women | | |
| Race | Lane | Women Heat 3 | Place | Time |
| 83 | 1 | | | |
| | 2 | Team DPW Snr A Women | | race cancelled |
| 3:49 PM | 3 | Red Dragons Snr A Women | | |
| Snr A | 4 | SACA Golden Dragons Snr A Women | | |
| Race | Lane | Women Heat 3 | Place | Time |
| 84 | 1 | | | |
| | 2 | Florida Tarpons Snr A Women | | race cancelled |
| 3:56 PM | 3 | Cascades Snr A Women | | |
| Snr A | 4 | | | |
| Race | Lane | Women Heat 3 | Place | Time |
| 85 | 1 | HNC Water Dragons U21 Women | | |
| | 2 | BA Dragons U21 Women | | race cancelled |
| 3:56 PM | 3 | St Francois Girls College Orcas U21 Women | | |
| U21 | 4 | SJC Wave Breakers U21 Women | | |
| Race | Lane | Open Minor Final | Place | Time |
| 86 | 1 | Trailblazers Premier Open | | |
| | 2 | SACA Golden Dragons Premier Open | | race cancelled |
| 4:03 PM | 3 | Red Dragons Premier Open | | |
| Premier | 4 | Titans Premier Open | | |
| Race | Lane | Open Major Final | Place | Time |
| 87 | 1 | Aquaholics Premier Open | 4 | 2:28.98 |
| | 2 | Oceanus DBC Premier Open | 3 | 2:28.25 |
| 4:10 PM | 3 | Friendship Dragons Premier Open | 2 | 2:28.08 |
| Premier | 4 | Sky DBC Premier Open | 1 | 2:27.72 |

PACCCs 2019
500m races

| | Team Name | Heat 1 | Heat 2 | heat 3 | Total | Rank |
|---------------------------------|--|---------------|---------------|---------------|--------------|-------------|
| Snr C Mixed 500m | Rogue Dragons Snr C Mixed | 2:40.61 | 2:44.79 | 0:00.00 | 5:25.40 | 1 |
| | Florida Tarpons Snr C Mixed | 2:41.81 | 2:46.11 | 0:00.00 | 5:27.92 | 2 |
| | WAM Snr C Mixed | 2:42.13 | 2:48.14 | 0:00.00 | 5:30.26 | 3 |
| | Harbour City Dragons Snr C Mixed | 2:48.45 | 2:53.24 | 0:00.00 | 5:41.69 | 4 |
| Snr A Mixed 500m | Team DPW Snr A Mixed | 2:40.46 | 2:46.46 | 0:00.00 | 5:26.92 | 1 |
| | Pond Scum Snr A Mixed | 2:40.69 | 2:47.38 | 0:00.00 | 5:28.07 | 2 |
| | Red Dragons Snr A Mixed | 2:41.32 | 2:47.80 | 0:00.00 | 5:29.12 | 3 |
| | SACA Golden Dragons Snr A Mixed | 2:44.07 | 2:49.78 | 0:00.00 | 5:33.86 | 4 |
| U16 Mixed 500m | Titans U16 Mixed | 2:52.00 | 2:59.94 | 0:00.00 | 5:51.94 | 1 |
| | | | | | 0:00.00 | 2 |
| | | | | | 0:00.00 | 3 |
| U21 Mixed 500m | Thames River U21 Mixed | 2:45.01 | 2:51.89 | 0:00.00 | 5:36.90 | 1 |
| | HVC Hyperion U21 Mixed | 3:43.02 | 2:52.06 | 0:00.00 | 6:35.08 | 2 |
| | | | | | 0:00.00 | 3 |
| Snr B Mixed 500m | Team DPW Snr B Mixed | DNR | DNR | 0:00.00 | 0:00.00 | |
| | Florida Tarpons Snr B Mixed | 2:42.23 | 2:48.44 | 0:00.00 | 5:30.67 | 1 |
| | Pickering DBC Snr B Mixed | 2:44.77 | 2:49.31 | 0:00.00 | 5:34.08 | 2 |
| | Pond Scum Snr B Mixed | 2:46.11 | 2:52.42 | 0:00.00 | 5:38.53 | 3 |
| | 22 Dragons Snr B Mixed | 2:48.06 | 2:52.51 | 0:00.00 | 5:40.57 | 4 |
| | Charleston PC Fire Breathers Snr B Mixed | 2:52.40 | 2:54.26 | 0:00.00 | 5:46.66 | 5 |
| | | | | 0:00.00 | 6 | |
| Snr C Open 500m | Team Name | Heat 1 | Heat 2 | heat 3 | Total | Rank |
| | WAM Snr C Open | 2:48.60 | 2:43.20 | 0:00.00 | 5:31.80 | 1 |
| | Harbour City Dragons Snr C Open | 2:57.01 | 3:20.43 | 0:00.00 | 6:17.44 | 2 |
| | | | | 0:00.00 | 3 | |

PACCCs 2019
500m races

| | Team Name | Heat 1 | Heat 2 | heat 3 | Total | Rank |
|---------------------------------|--|---------------|---------------|---------------|--------------|-------------|
| Snr A Open 500m | Team DPW Snr A Open | 2:42.82 | 2:35.87 | 0:00.00 | 5:18.69 | 1 |
| | Pond Scum Snr A Open | 2:43.08 | 2:35.99 | 0:00.00 | 5:19.06 | 2 |
| | Red Dragons Snr A Open | 2:44.01 | 2:39.14 | 0:00.00 | 5:23.15 | 3 |
| | SACA Golden Dragons Snr A Open | 2:45.14 | 2:40.10 | 0:00.00 | 5:25.25 | 4 |
| U16 Open 500m | Titans U16 Open | 2:54.46 | 2:46.70 | 0:00.00 | 5:41.16 | 1 |
| | | | | | 0:00.00 | 2 |
| U21 Open 500m | Imperium U21 Open | 2:40.09 | 2:37.71 | 0:00.00 | 5:17.80 | 1 |
| | Thames River U21 Open | 2:46.64 | 2:44.46 | 0:00.00 | 5:31.11 | 2 |
| | Fatima DB U21 Open | 2:57.28 | 2:44.68 | 0:00.00 | 5:41.96 | 3 |
| | HVC Hyperion U21 Open | 3:08.82 | 2:53.59 | 0:00.00 | 6:02.40 | 4 |
| Snr B Open 500m | Pond Scum Snr B Open | DNR | 2:49.44 | 0:00.00 | 2:49.44 | 4 |
| | Florida Tarpons Snr B Open | 2:41.50 | 2:35.85 | 0:00.00 | 5:17.35 | 1 |
| | Pickering DBC Snr B Open | 2:44.42 | 2:43.52 | 0:00.00 | 5:27.94 | 2 |
| | 22 Dragons Snr B Open | 2:46.73 | 2:45.17 | 0:00.00 | 5:31.90 | 3 |
| U21 Women 500m | HNC Water Dragons U21 Women | 2:55.38 | 2:55.21 | 0:00.00 | 5:50.59 | 1 |
| | SJC Wave Breakers U21 Women | 2:56.70 | 3:01.07 | 0:00.00 | 5:57.77 | 2 |
| | St Francois Girls College Orcas U21 Women | 3:01.27 | 2:57.03 | 0:00.00 | 5:58.30 | 3 |
| | BA Dragons U21 Women | 3:01.18 | 3:03.66 | 0:00.00 | 6:04.84 | 4 |
| Snr B Women 500m | Pickering DBC Snr B Women | 2:50.98 | 2:47.63 | 0:00.00 | 5:38.62 | 1 |
| | Pond Scum DBC Snr B Women | 2:54.16 | 2:49.44 | 0:00.00 | 5:43.60 | 2 |
| | Fort Langley CC Fast & Furious Snr B Women | 2:55.99 | 2:52.00 | 0:00.00 | 5:47.99 | 3 |
| | Dragon Boat Training Snr B Women | 2:57.58 | 2:50.85 | 0:00.00 | 5:48.43 | 4 |
| | Pickering DBC Rec Snr B Women | 3:01.97 | 3:06.23 | 0:00.00 | 6:08.20 | 5 |
| | | | | 0:00.00 | | |

PACCCs 2019
500m races

| | Team Name | Heat 1 | Heat 2 | heat 3 | Total | Rank |
|---------------------------------|--------------------------------------|---------------|---------------|---------------|--------------|-------------|
| Snr A Women 500m | Florida Tarpons Snr A Women | 2:45.01 | 2:41.90 | 0:00.00 | 5:26.91 | 1 |
| | Cascades Snr A Women | 2:49.79 | 2:45.66 | 0:00.00 | 5:35.45 | 2 |
| | Red Dragons Snr A Women | 2:55.24 | 2:52.20 | 0:00.00 | 5:47.44 | 3 |
| | Team DPW Snr A Women | 2:57.17 | 2:50.83 | 0:00.00 | 5:48.00 | 4 |
| | SACA Golden Dragons Snr A Women | 2:57.11 | 2:53.76 | 0:00.00 | 5:50.87 | 5 |
| | | | | | 0:00.00 | 6 |
| Snr C Women 500m | WAM Snr C Women | 2:51.85 | 2:51.70 | 0:00.00 | 5:43.55 | 1 |
| | Fort Langley CC Titanium Snr C Women | 2:53.42 | 2:55.14 | 0:00.00 | 5:48.55 | 2 |
| | Harbour City Dragons Snr C Women | 3:03.82 | 3:06.43 | 0:00.00 | 6:10.25 | 3 |
| | Fort Langley CC D-Fyance Snr C Women | 3:12.50 | 3:15.03 | 0:00.00 | 6:27.53 | 4 |

PACCCs 2019

200m races

| Race | Lane | Mixed Heat 1 | Place | Time |
|---------|------|---|-------|---------|
| 88 | 1 | Caciques DBC Premier Mixed | 4 | 1:05.87 |
| | 2 | Titans Premier Mixed | 3 | 1:02.68 |
| 7:30 AM | 3 | SACA Golden Dragons Premier Mixed | 2 | 1:02.20 |
| Premier | 4 | Aquaholics Premier Mixed | 1 | 0:59.86 |
| | | | | |
| Race | Lane | Mixed Heat 2 | Place | Time |
| 89 | 1 | | | |
| | 2 | Aprochampions Premier Mixed | 2 | 1:02.43 |
| 7:36 AM | 3 | Red Dragons Premier Mixed | 1 | 1:01.03 |
| Premier | 4 | Peeking Ducks Premier Mixed | 3 | 1:04.35 |
| | | | | |
| Race | Lane | Mixed Heat 3 | Place | Time |
| 90 | 1 | | | |
| | 2 | Panadragons Premier Mixed | 1 | 1:01.84 |
| 7:42 AM | 3 | Verdun Premier Mixed | 2 | 1:02.30 |
| Premier | 4 | Trailblazers Premier Mixed | 3 | 1:04.60 |
| | | | | |
| Race | Lane | Mixed Heat 4 | Place | Time |
| 91 | 1 | | | |
| | 2 | Sky DBC Premier Mixed | 1 | 1:01.06 |
| 7:48 AM | 3 | Miami Dragon Slayers Premier Mixed | 3 | 1:03.91 |
| Premier | 4 | Oceanus DBC Premier Mixed | 2 | 1:01.43 |
| | | | | |
| Race | Lane | Mixed Heat 5 | Place | Time |
| 92 | 1 | | | |
| | 2 | Charleston DBC Fire Breathers Premier Mixed | 3 | 1:05.93 |
| 7:54 AM | 3 | WAM Premier Mixed | 1 | 1:03.01 |
| Premier | 4 | Hydro Warriors Premier Mixed | 2 | 1:03.96 |
| | | | | |
| Race | Lane | Mixed Heat 1 | Place | Time |
| 93 | 1 | WAM Snr C Mixed | 3 | 1:04.29 |
| | 2 | Florida Tarpons Snr C Mixed | 1 | 1:02.79 |
| 8:00 AM | 3 | Harbour City DBA Snr C Mixed | 4 | 1:06.04 |
| Snr C | 4 | Rogue Dragons Snr C Mixed | 2 | 1:03.07 |
| | | | | |
| Race | Lane | Mixed Heat 1 | Place | Time |
| 94 | 1 | Trinity College One Ton Warriors U21 Mixed | 1 | 1:03.23 |
| | 2 | South East Sea Dragons U21 Mixed | 4 | 1:06.39 |
| 8:06 AM | 3 | Thames River U21 Mixed | 3 | 1:05.16 |
| U21 | 4 | HVC Hyperion U21 Mixed | 2 | 1:04.32 |
| | | | | |

PACCCs 2019

200m races

| Race | Lane | Mixed Heat 1 | Place | Time |
|---------|------|---|-------|---------|
| 95 | 1 | | | |
| | 2 | SACA Golden Dragons Snr A Mixed | 3 | 1:05.22 |
| 8:12 AM | 3 | Pond Scum Snr A Mixed | 2 | 1:04.41 |
| Snr A | 4 | Team DPW Snr A Mixed | 1 | 1:03.64 |
| | | | | |
| Race | Lane | Mixed Heat 1 | Place | Time |
| 96 | 100% | | | |
| | 200% | Trailblazers Snr A Mixed | 2 | 1:05.82 |
| 35% | 300% | Red Dragons Snr A Mixed | 1 | 1:04.04 |
| Snr A | 400% | | | |
| | | | | |
| Race | Lane | Mixed Heat 1 | Place | Time |
| 97 | 1 | | | |
| | 2 | Titans U16 Mixed | 1 | 1:07.54 |
| 8:24 AM | 3 | South East Sea Dragons U16 Mixed | 2 | 1:12.87 |
| U16 | 4 | | | |
| | | | | |
| Race | Lane | Mixed Heat 1 | Place | Time |
| 98 | 1 | | | |
| | 2 | 22 Dragons Snr B Mixed | 2 | 1:04.62 |
| 8:30 AM | 3 | Pickering DBC Snr B Mixed | 1 | 1:03.78 |
| Snr B | 4 | Charleston DBC Fire Breathers Snr B Mixed | 3 | 1:07.37 |
| | | | | |
| Race | Lane | Mixed Heat 1 | Place | Time |
| 99 | 1 | | | |
| | 2 | Florida Tarpons Snr B Mixed | 1 | 1:03.59 |
| 8:36 AM | 3 | Pond Scum Snr B Mixed | 2 | 1:04.24 |
| Snr B | 4 | Team DPW Snr B Mixed | | DNR |
| | | | | |
| Race | Lane | Mixed Rep 1 | Place | Time |
| 100 | 1 | Caciques DBC Premier Mixed | 4 | 1:07.49 |
| | 2 | Miami Dragon Slayers Premier Mixed | 2 | 1:05.28 |
| 8:42 AM | 3 | Aprochampions Premier Mixed | 1 | 1:03.70 |
| Premier | 4 | Peeking Ducks Premier Mixed | 3 | 1:05.85 |
| | | | | |
| Race | Lane | Mixed Rep 2 | Place | Time |
| 101 | 1 | Charleston DBC Fire Breathers Premier Mixed | 4 | 1:07.46 |
| | 2 | Hydro Warriors Premier Mixed | 2 | 1:05.11 |
| 8:48 AM | 3 | Titans Premier Mixed | 1 | 1:03.43 |
| Premier | 4 | Trailblazers Premier Mixed | 3 | 1:05.48 |
| | | | | |

PACCCs 2019

200m races

| Race | Lane | Mixed Heat 2 | Place | Time |
|---------|------|--|-------|---------|
| 102 | 1 | Harbour City DBA Snr C Mixed | 4 | 1:07.14 |
| | 2 | Rogue Dragons Snr C Mixed | 1 | 1:04.67 |
| 8:54 AM | 3 | WAM Snr C Mixed | 3 | 1:05.90 |
| Snr C | 4 | Florida Tarpons Snr C Mixed | 2 | 1:05.40 |
| | | | | |
| Race | Lane | Mixed Heat 2 | Place | Time |
| 103 | 1 | Thames River U21 Mixed | 3 | 1:07.01 |
| | 2 | HVC Hyperion U21 Mixed | 2 | 1:05.12 |
| 9:00 AM | 3 | Trinity College One Ton Warriors U21 Mixed | 1 | 1:04.13 |
| U21 | 4 | South East Sea Dragons U21 Mixed | 4 | 1:09.14 |
| | | | | |
| Race | Lane | Mixed Heat 2 | Place | Time |
| 104 | 1 | Red Dragons Snr A Mixed | 3 | 1:06.01 |
| | 2 | Team DPW Snr A Mixed | 1 | 1:04.48 |
| 9:06 AM | 3 | SACA Golden Dragons Snr A Mixed | 2 | 1:04.93 |
| Snr A | 4 | | | |
| | | | | |
| Race | Lane | Mixed Heat 2 | Place | Time |
| 105 | 1 | Pond Scum Snr A Mixed | 1 | 1:04.92 |
| | 2 | Trailblazers Snr A Mixed | 2 | 1:06.68 |
| 9:12 AM | 3 | | | |
| Snr A | 4 | | | |
| | | | | |
| Race | Lane | Mixed Heat 2 | Place | Time |
| 106 | 1 | | | |
| | 2 | South East Sea Dragons U16 Mixed | 2 | 1:15.51 |
| 9:18 AM | 3 | Titans U16 Mixed | 1 | 1:11.08 |
| U16 | 4 | | | |
| | | | | |
| Race | Lane | Mixed Heat 2 | Place | Time |
| 107 | 1 | Pond Scum Snr B Mixed | 2 | 1:06.01 |
| | 2 | Team DPW Snr B Mixed | | DNR |
| 9:24 AM | 3 | 22 Dragons Snr B Mixed | 1 | 1:05.62 |
| Snr B | 4 | | | |
| | | | | |
| Race | Lane | Mixed Heat 2 | Place | Time |
| 108 | 1 | Pickering DBC Snr B Mixed | 1 | 1:04.27 |
| | 2 | Charleston DBC Fire Breathers Snr B Mixed | 3 | 1:05.60 |
| 9:30 AM | 3 | Florida Tarpons Snr B Mixed | 2 | 1:04.67 |
| Snr B | 4 | | | |
| | | | | |

PACCCs 2019

200m races

| Race | Lane | Mixed Semi Final 1 | Place | Time |
|----------|------|--|-------|---------|
| 109 | 1 | Titans Premier Mixed | 4 | 1:06.69 |
| | 2 | Sky DBC Premier Mixed | 2 | 1:05.23 |
| 9:36 AM | 3 | Aquaholics Premier Mixed | 1 | 1:03.98 |
| Premier | 4 | SACA Golden Dragons Premier Mixed | 3 | 1:05.98 |
| | | | | |
| Race | Lane | Mixed Semi Final 2 | Place | Time |
| 110 | 1 | Miami Dragon Slayers Premier Mixed | 4 | 1:06.51 |
| | 2 | WAM Premier Mixed | 2 | 1:05.46 |
| 9:42 AM | 3 | Red Dragons Premier Mixed | 1 | 1:04.64 |
| Premier | 4 | Verdun Premier Mixed | 3 | 1:05.68 |
| | | | | |
| Race | Lane | Mixed Semi Final 3 | Place | Time |
| 111 | 1 | Hydro Warriors Premier Mixed | 4 | 1:06.42 |
| | 2 | Oceanus DBC Premier Mixed | 1 | 1:03.88 |
| 9:48 AM | 3 | Panadragons Premier Mixed | 2 | 1:05.22 |
| Premier | 4 | Aprochampions Premier Mixed | 3 | 1:05.39 |
| | | | | |
| Race | Lane | Mixed Heat 3 | Place | Time |
| 112 | 1 | Rogue Dragons Snr C Mixed | 1 | 1:04.51 |
| | 2 | Harbour City DBA Snr C Mixed | 4 | 1:06.44 |
| 9:54 AM | 3 | Florida Tarpons Snr C Mixed | 2 | 1:05.03 |
| Snr C | 4 | WAM Snr C Mixed | 3 | 1:06.05 |
| | | | | |
| Race | Lane | Mixed Heat 3 | Place | Time |
| 113 | 1 | HVC Hyperion U21 Mixed | 1 | 1:06.43 |
| | 2 | Thames River U21 Mixed | 3 | 1:06.88 |
| 10:00 AM | 3 | South East Sea Dragons U21 Mixed | 4 | 1:08.04 |
| U21 | 4 | Trinity College One Ton Warriors U21 Mixed | 2 | 1:06.87 |
| | | | | |
| Race | Lane | Mixed Heat 3 | Place | Time |
| 114 | 1 | | | |
| | 2 | Pond Scum Snr A Mixed | 2 | 1:04.83 |
| 10:06 AM | 3 | Team DPW Snr A Mixed | 1 | 1:04.70 |
| Snr A | 4 | Trailblazers Snr A Mixed | 3 | 1:07.20 |
| | | | | |
| Race | Lane | Mixed Heat 3 | Place | Time |
| 115 | 1 | | | |
| | 2 | Red Dragons Snr A Mixed | 1 | 1:06.45 |
| 10:12 AM | 3 | SACA Golden Dragons Snr A Mixed | 2 | 1:06.82 |
| Snr A | 4 | | | |
| | | | | |

PACCCs 2019

200m races

| Race | Lane | Mixed Heat 3 | Place | Time |
|----------|------|---|-------|---------|
| 116 | 1 | | | |
| | 2 | Titans U16 Mixed | 1 | 1:09.15 |
| 10:18 AM | 3 | South East Sea Dragons U16 Mixed | 2 | 1:13.74 |
| U16 | 4 | | | |
| 0 | Lane | Mixed Heat 3 | Place | Time |
| 117 | 1 | Team DPW Snr B Mixed | | DNR |
| | 2 | Pickering DBC Snr B Mixed | 1 | 1:06.81 |
| 10:24 AM | 3 | Florida Tarpons Snr B Mixed | 2 | 1:07.01 |
| Snr B | 4 | | | |
| Race | Lane | Mixed Heat 3 | Place | Time |
| 118 | 1 | Charleston DBC Fire Breathers Snr B Mixed | 3 | 1:08.50 |
| | 2 | Pond Scum Snr B Mixed | 2 | 1:07.46 |
| 10:30 AM | 3 | 22 Dragons Snr B Mixed | 1 | 1:07.37 |
| Snr B | 4 | | | |
| Race | Lane | Mixed Tail | Place | Time |
| 119 | 1 | Caciques DBC Premier Mixed | 4 | 1:10.17 |
| | 2 | Peeking Ducks Premier Mixed | 2 | 1:08.21 |
| 10:36 AM | 3 | Trailblazers Premier Mixed | 1 | 1:08.15 |
| Premier | 4 | Charleston DBC Fire Breathers Premier Mixed | 3 | 1:09.69 |
| Race | Lane | Mixed Plate Final | Place | Time |
| 120 | 1 | Titans Premier Mixed | 1 | 1:07.32 |
| | 2 | Hydro Warriors Premier Mixed | 3 | 1:08.45 |
| 10:42 AM | 3 | SACA Golden Dragons Premier Mixed | 2 | 1:07.41 |
| Premier | 4 | Miami Dragon Slayers Premier Mixed | 4 | 1:09.25 |
| Race | Lane | Mixed Minor Final | Place | Time |
| 121 | 1 | Verdun Premier Mixed | 2 | 1:06.80 |
| | 2 | Aprochampions Premier Mixed | 1 | 1:06.33 |
| 10:48 AM | 3 | Sky DBC Premier Mixed | 3 | 1:07.34 |
| Premier | 4 | WAM Premier Mixed | 4 | 1:08.30 |
| Race | Lane | Mixed Grand Final | Place | Time |
| 122 | 1 | Panadragons Premier Mixed | 3 | 1:05.99 |
| | 2 | Aquaholics Premier Mixed | 1 | 1:03.90 |
| 10:54 AM | 3 | Oceanus DBC Premier Mixed | 2 | 1:05.43 |
| Premier | 4 | Red Dragons Premier Mixed | 4 | 1:06.46 |

PACCCs 2019

200m races

| Race | Lane | Open Heats 1 | Place | Time |
|------------|------|---------------------------------------|-------|---------|
| 123 | 1 | Dragons of the Caribbean Premier Open | 1 | 1:06.30 |
| | 2 | Ithaca Gorges DBC Premier Open | 3 | 1:09.88 |
| 11:39 AM | 3 | SACA Golden Dragons Premier Open | 2 | 1:06.38 |
| Premier | 4 | Caciques DBC Premier Open | 4 | 1:11.32 |
| | | | | |
| Race | Lane | Open Heats 2 | Place | Time |
| 124 | 1 | | | |
| | 2 | Aquaforce Premier Open | 1 | 1:05.55 |
| 11:45 AM | 3 | Red Dragons Premier Open | 2 | 1:06.40 |
| Premier | 4 | Oceanus DBC Premier Open | 3 | 1:07.21 |
| | | | | |
| Race | Lane | Open Heats 3 | Place | Time |
| 125 | 1 | | | |
| | 2 | Friendship Dragons Premier Open | 1 | 1:05.01 |
| 11:51 AM | 3 | Aquaholics Premier Open | 2 | 1:05.34 |
| Premier | 4 | Trailblazers Premier Open | 3 | 1:08.64 |
| | | | | |
| Race | Lane | Open Heats 1 | Place | Time |
| 126 | 1 | SACA Golden Dragons Snr A Open | 2 | 1:07.39 |
| | 2 | Pond Scum DBC Snr A Open | 1 | 1:06.96 |
| 11:57 AM | 3 | Red Dragons Snr A Open | 3 | 1:07.66 |
| Snr A | 4 | Team DPW Snr A Open | 4 | 1:08.15 |
| | | | | |
| Race | Lane | Open Heats 4 | Place | Time |
| 127 | 1 | | | |
| | 2 | Titans Premier Open | 1 | 1:05.40 |
| 12:03 PM | 3 | WAM Premier Open | 3 | 1:09.27 |
| Premier | 4 | Sky DBC Premier O2en | 2 | 1:07.63 |
| | | | | |
| Race | Lane | Open Heats 1 | Place | Time |
| 128 | 1 | | | |
| | 2 | WAM Snr C Open | 1 | 1:09.15 |
| 12:09 PM | 3 | Harbour City DBA Snr C Open | 2 | 1:10.41 |
| Snr C, U16 | 4 | Titans U16 Open | 3 | 1:11.60 |
| | | | | |
| Race | Lane | Open Heats 1 | Place | Time |
| 129 | 1 | Pond Scum DBC Snr B Open | 2 | 1:09.05 |
| | 2 | 22 Dragons Snr B Open | 3 | 1:09.16 |
| 12:15 PM | 3 | Pickering DBC Snr B Open | 4 | 1:09.52 |
| Snr B | 4 | Florida Tarpons Snr B Open | 1 | 1:08.47 |
| | | | | |

PACCCs 2019

200m races

| Race | Lane | Open Heats 1 | Place | Time |
|----------|------|---|-------|---------|
| 130 | 1 | HVC Hyperion U21 Open | 1 | 1:07.74 |
| | 2 | Imperium U21 Open | 2 | 1:07.77 |
| 12:21 PM | 3 | Thames River U21 Open | 4 | 1:11.00 |
| U21 | 4 | Trinity College One Ton Warriors U21 Open | 3 | 1:10.00 |
| | | | | |
| Race | Lane | Women Heat 1 | Place | Time |
| 131 | 1 | Trailblazers Premier Women | 3 | 1:11.65 |
| | 2 | Cascades Premier Women | 2 | 1:10.80 |
| 12:27 PM | 3 | Red Dragons Premier Women | 1 | 1:10.62 |
| Premier | 4 | Ithaca Gorges DBC Premier Women | 4 | 1:15.12 |
| | | | | |
| Race | Lane | Women Heat 2 | Place | Time |
| 132 | 1 | Peeking Ducks Premier Women | 4 | 1:14.44 |
| | 2 | Verdun Premier Women | 1 | 1:10.19 |
| 12:33 PM | 3 | SACA Golden Dragons Premier Women | 2 | 1:11.93 |
| Premier | 4 | Team DPW Premier Women | 3 | 1:12.01 |
| | | | | |
| Race | Lane | Women Heat 1 | Place | Time |
| 133 | 1 | | | |
| | 2 | Fort Langley Fast & Furious Snr B Women | 1 | 1:11.82 |
| 12:39 PM | 3 | Dragon Boat Training Snr B Women | 2 | 1:11.91 |
| Snr B | 4 | Pickering DBC Rec Snr B Women | 3 | 1:14.69 |
| | | | | |
| Race | Lane | Women Heat 1 | Place | Time |
| 134 | 1 | | | |
| | 2 | Pond Scum DBC Snr B Women | 2 | 1:12.07 |
| 12:45 PM | 3 | Pickering DBC Snr B Women | 1 | 1:10.82 |
| Snr B | 4 | | | |
| | | | | |
| Race | Lane | Women Heat 1 | Place | Time |
| 135 | 1 | Fort Langley D-Fyance Snr C Women | 4 | 1:20.61 |
| | 2 | Harbour City DBA Snr C Women | 3 | 1:14.53 |
| 12:51 PM | 3 | Fort Langley Titanium Snr C Women | 2 | 1:12.50 |
| Snr C | 4 | WAM Snr C Women | 1 | 1:12.38 |
| | | | | |
| Race | Lane | Women Heat 1 | Place | Time |
| 136 | 1 | | | |
| | 2 | SACA Golden Dragons Snr A Women | 1 | 1:10.93 |
| 12:57 PM | 3 | Red Dragons Snr A Women | 2 | 1:10.94 |
| Snr A | 4 | Team DPW Snr A Women | | DNR |
| | | | | |

PACCCs 2019

200m races

| Race | Lane | Women Heat 1 | Place | Time |
|------------|------|---|-------|---------|
| 137 | 1 | | | |
| | 2 | Cascades Snr A Women | 1 | 1:09.85 |
| 1:03 PM | 3 | Florida Tarpons Snr A Women | 2 | 1:09.94 |
| Snr A | 4 | | | |
| | | | | |
| Race | Lane | Women Heat 1 | Place | Time |
| 138 | 1 | | | |
| | 2 | BA Dragons Sledgehammer U16 Women | 1 | 1:19.60 |
| 1:09 PM | 3 | BA Dragons Katana U16 Women | 2 | 1:22.39 |
| U16 | 4 | | | |
| | | | | |
| Race | Lane | Women Heat 1 | Place | Time |
| 139 | 1 | | | |
| | 2 | BA Dragons U21 Women | 3 | 1:13.57 |
| 1:15 PM | 3 | SJC Wave Breakers U21 Women | 1 | 1:11.88 |
| U21 | 4 | St Francois Girls College Orcas U21 Women | 2 | 1:12.07 |
| | | | | |
| Race | Lane | Women Heat 1 | Place | Time |
| 140 | 1 | | | |
| | 2 | SJCSF Drakainas U21 Women | 2 | 1:14.28 |
| 1:21 PM | 3 | HNC Water Dragons U21 Women | 1 | 1:11.91 |
| U21 | 4 | | | |
| | | | | |
| Race | Lane | Open Rep 1 | Place | Time |
| 141 | 1 | Red Dragons Premier Open XXX | 1 | 1:05.61 |
| | 2 | WAM Premier Open | 3 | 1:07.88 |
| 1:27 PM | 3 | Sky DBC Premier Open | 2 | 1:05.85 |
| Premier | 4 | Caciques DBC Premier Open | 4 | 1:09.49 |
| | | | | |
| Race | Lane | Open Rep 2 | Place | Time |
| 142 | 1 | | | |
| | 2 | Ithaca Gorges DBC Premier Open | 2 | 1:09.73 |
| 1:33 PM | 3 | Trailblazers Premier Open | 1 | 1:06.66 |
| Premier | 4 | | | |
| | | | | |
| Race | Lane | Open Heat 2 | Place | Time |
| 143 | 1 | | | |
| | 2 | Titans U16 Open | 3 | 1:10.50 |
| 1:39 PM | 3 | WAM Snr C Open | 1 | 1:09.23 |
| U16, Snr C | 4 | Harbour City DBA Snr C Open | 2 | 1:09.58 |
| | | | | |

PACCCs 2019

200m races

| Race | Lane | Open Heat 2 | Place | Time |
|---------|------|---|-------|---------|
| 144 | 1 | Red Dragons Snr A Open | 2 | 1:06.92 |
| | 2 | Team DPW Snr A Open | 1 | 1:06.23 |
| 1:45 PM | 3 | SACA Golden Dragons Snr A Open | 4 | 1:07.13 |
| Snr A | 4 | Pond Scum DBC Snr A Open | 3 | 1:06.97 |
| | | | | |
| Race | Lane | Open Heat 2 | Place | Time |
| 145 | 1 | Pickering DBC Snr B Open | 2 | 1:07.40 |
| | 2 | Florida Tarpons Snr B Open | 1 | 1:05.22 |
| 1:51 PM | 3 | Pond Scum DBC Snr B Open | 4 | 1:08.26 |
| Snr B | 4 | 22 Dragons Snr B Open | 3 | 1:07.91 |
| | | | | |
| m m | Lane | Open Heat 2 | Place | Time |
| 146 | 1 | Thames River U21 Open | 4 | 1:08.80 |
| | 2 | Trinity College One Ton Warriors U21 Open | 2 | 1:06.44 |
| 1:57 PM | 3 | HVC Hyperion U21 Open | 1 | 1:06.10 |
| U21 | 4 | Imperium U21 Open | 3 | 1:06.86 |
| | | | | |
| Race | Lane | Women Semi 1 | Place | Time |
| 147 | 1 | | | |
| | 2 | SACA Golden Dragons Premier Women | 2 | 1:10.94 |
| 2:03 PM | 3 | Cascades Premier Women | 1 | 1:07.72 |
| Premier | 4 | Peeking Ducks Premier Women | 3 | 1:15.34 |
| | | | | |
| Race | Lane | Women Semi 2 | Place | Time |
| 148 | 1 | | | |
| | 2 | Team DPW Premier Women | 1 | 1:09.18 |
| 2:09 PM | 3 | Trailblazers Premier Women | 2 | 1:10.02 |
| Premier | 4 | Ithaca Gorges DBC Premier Women | 3 | 1:12.04 |
| | | | | |
| mmmmm | Lane | Women Heat 2 | Place | Time |
| 149 | 1 | Pickering DBC Snr B Women | 1 | 1:08.31 |
| | 2 | Pickering DBC Rec Snr B Women | 2 | 1:13.77 |
| 2:15 PM | 3 | | | |
| Snr B | 4 | | | |
| | | | | |
| Race | Lane | Women Heat 2 | Place | Time |
| 150 | 1 | Dragon Boat Training Snr B Women | 3 | 1:10.08 |
| | 2 | Fort Langley Fast & Furious Snr B Women | 1 | 1:09.13 |
| 2:21 PM | 3 | Pond Scum DBC Snr B Women | 2 | 1:09.53 |
| Snr B | 4 | | | |
| | | | | |

PACCCs 2019

200m races

| Race | Lane | Women Heat 2 | Place | Time |
|---------|------|---|-------|---------|
| 151 | 1 | | | |
| | 2 | Cascades Snr A Women | 1 | 1:07.18 |
| 2:27 PM | 3 | Team DPW Snr A Women | | DNR |
| Snr A | 4 | Red Dragons Snr A Women | 2 | 1:10.16 |
| | | | | |
| Race | Lane | Women Heat 2 | Place | Time |
| 152 | 1 | | | |
| | 2 | Florida Tarpons Snr A Women | 1 | 1:06.85 |
| 2:33 PM | 3 | SACA Golden Dragons Snr A Women | 2 | 1:09.50 |
| Snr A | 4 | | | |
| | | | | |
| Race | Lane | Women Heat 2 | Place | Time |
| 153 | 1 | Fort Langley Titanium Snr C Women | 2 | 1:09.30 |
| | 2 | WAM Snr C Women | 1 | 1:08.51 |
| 2:39 PM | 3 | Fort Langley D-Fyance Snr C Women | 4 | 1:16.38 |
| Snr C | 4 | Harbour City DBA Snr C Women | 3 | 1:13.20 |
| | | | | |
| Race | Lane | Women Heat 2 | Place | Time |
| 154 | 1 | | | |
| | 2 | NO RACE | | |
| 2:45 PM | 3 | | | |
| Snr A | 4 | | | |
| | | | | |
| Race | Lane | Women Heat 2 | Place | Time |
| 155 | 1 | | | |
| | 2 | BA Dragons Katana U16 Women | 2 | 1:16.26 |
| 2:51 PM | 3 | BA Dragons Sledgehammer U16 Women | 1 | 1:15.59 |
| U16 | 4 | | | |
| | | | | |
| Race | Lane | Women Heat 2 | Place | Time |
| 156 | 1 | | | |
| | 2 | HNC Water Dragons U21 Women | 1 | 1:10.13 |
| 2:57 PM | 3 | BA Dragons U21 Women | 2 | 1:12.30 |
| U21 | 4 | SJCSF Drakainas U21 Women | 3 | 1:13.86 |
| | | | | |
| Race | Lane | Women Heat 2 | Place | Time |
| 157 | 1 | | | |
| | 2 | | | |
| 3:03 PM | 3 | St Francois Girls College Orcas U21 Women | 2 | 1:10.90 |
| U21 | 4 | SJC Wave Breakers U21 Women | 1 | 1:09.85 |
| | | | | |

PACCCs 2019

200m races

| Race | Lane | Open Semi 1 | Place | Time |
|------------|------|---|-------|---------|
| 158 | 1 | Red Dragons Premier Open | 3 | 1:03.15 |
| | 2 | Friendship Dragons Premier Open | 2 | 1:02.35 |
| 3:09 PM | 3 | Dragons of the Carribean Premier Open | 4 | 1:03.63 |
| Premier | 4 | Aquaholics Premier Open | 1 | 1:02.15 |
| | | | | |
| Race | Lane | Open Semi 2 | Place | Time |
| 159 | 1 | Oceanus DBC Premier Open | 2 | 1:02.51 |
| | 2 | Titans Premier Open | 1 | 1:02.47 |
| 3:15 PM | 3 | Aquaforce Premier Open | 4 | 1:02.96 |
| Premier | 4 | Golden Dragons Premier Open | 3 | 1:02.71 |
| | | | | |
| Race | Lane | Open Semi 3 | Place | Time |
| 160 | 1 | | | |
| | 2 | | | |
| 3:21 PM | 3 | no race | | |
| Premier | 4 | | | |
| | | | | |
| Race | Lane | Open Heat 3 | Place | Time |
| 161 | 1 | Titans U16 Open | 3 | 1:09.20 |
| | 2 | | | |
| 3:27 PM | 3 | Harbour City DBA Snr C Open | 2 | 1:08.71 |
| U16, Snr C | 4 | WAM Snr C Open | 1 | 1:07.78 |
| | | | | 0:00.00 |
| Race | Lane | Open Heat 3 | Place | Time |
| 162 | 1 | Florida Tarpons Snr B Open | 1 | 1:02.99 |
| | 2 | Pickering DBC Snr B Open | 3 | 1:05.20 |
| 3:33 PM | 3 | 22 Dragons Snr B Open | 2 | 1:05.10 |
| Snr B | 4 | Pond Scum DBC Snr B Open | 4 | 1:07.32 |
| | | | | |
| Race | Lane | Open Heat 3 | Place | Time |
| 163 | 1 | Team DPW Snr A Open | 2 | 1:04.35 |
| | 2 | Red Dragons Snr A Open | 3 | 1:04.48 |
| 3:39 PM | 3 | Pond Scum DBC Snr A Open | 1 | 1:04.14 |
| Snr A | 4 | SACA Golden Dragons Snr A Open | 4 | 1:04.74 |
| | | | | |
| Race | Lane | Open Heat 3 | Place | Time |
| 164 | 1 | Trinity College One Ton Warriors U21 Open | 1 | 1:02.21 |
| | 2 | Thames River U21 Open | 4 | 1:07.63 |
| 3:45 PM | 3 | Imperium U21 Open | 3 | 1:04.14 |
| U21 | 4 | HVC Hyperion U21 Open | 2 | 1:03.35 |
| | | | | |

PACCCs 2019

200m races

| Race | Lane | Women Minor Final | Place | Time |
|---------|------|---|-------|---------|
| 165 | 1 | Peeking Ducks Premier Women | 4 | 1:15.76 |
| | 2 | SACA Golden Dragons Premier Women | 2 | 1:10.42 |
| 3:51 PM | 3 | Trailblazers Premier Women | 1 | 1:08.39 |
| Premier | 4 | Ithaca Gorges DBC Premier Women | 3 | 1:10.88 |
| | | | | |
| Race | Lane | Women Major Final | Place | Time |
| 166 | 1 | Team DPW Premier Women | 4 | 1:07.78 |
| | 2 | Verdun Premier Women | 2 | 1:06.01 |
| 3:57 PM | 3 | Red Dragons Premier Women | 3 | 1:06.31 |
| Premier | 4 | Cascades Premier Women | 1 | 1:05.75 |
| | | | | |
| Race | Lane | Women Heat 3 | Place | Time |
| 167 | 1 | | | |
| | 2 | Pickering DBC Snr B Women | 1 | 1:06.97 |
| 4:03 PM | 3 | Pickering DBC Rec Snr B Women | 3 | 1:11.98 |
| Snr B | 4 | Fort Langley Fast & Furious Snr B Women | 2 | 1:08.03 |
| | | | | |
| Race | Lane | Women Heat 3 | Place | Time |
| 168 | 1 | Pond Scum DBC Snr B Women | 2 | 1:09.18 |
| | 2 | Dragon Boat Training Snr B Women | 1 | 1:08.66 |
| 4:09 PM | 3 | | | |
| Snr B | 4 | | | |
| | | | | |
| Race | Lane | Women Heat 3 | Place | Time |
| 169 | 1 | WAM Snr C Women | 2 | 1:07.64 |
| | 2 | Fort Langley Titanium Snr C Women | 1 | 1:07.32 |
| 4:15 PM | 3 | Harbour City DBA Snr C Women | 3 | 1:12.93 |
| Snr C | 4 | Fort Langley D-Fyance Snr C Women | 4 | 1:15.34 |
| | | | | |
| Race | Lane | Women Heat 3 | Place | Time |
| 170 | 1 | | | |
| | 2 | Cascades Snr A Women | 2 | 1:07.35 |
| 4:21 PM | 3 | Team DPW Snr A Women | | DNR |
| Snr A | 4 | Florida Tarpons Snr A Women | 1 | 1:04.89 |
| | | | | |
| Race | Lane | Women Heat 3 | Place | Time |
| 171 | 1 | | | |
| | 2 | | | |
| 4:27 PM | 3 | Red Dragons Snr A Women | 2 | 1:10.14 |
| Snr A | 4 | SACA Golden Dragons Snr A Women | 1 | 1:09.17 |
| | | | | |

PACCCs 2019

200m races

| Race | Lane | Women Heat 3 | Place | Time |
|---------|------|---|-------|---------|
| 172 | 1 | | | |
| | 2 | BA Dragons Sledgehammer U16 Women | 1 | 1:15.59 |
| 4:33 PM | 3 | BA Dragons Katana U16 Women | 2 | 1:19.84 |
| U16 | 4 | | | |
| | | | | |
| Race | Lane | Women Heat 3 | Place | Time |
| 173 | 1 | | | |
| | 2 | SJC Wave Breakers U21 Women | 1 | 1:09.73 |
| 4:39 PM | 3 | SJCSF Drakainas U21 Women | 3 | 1:12.30 |
| U21 | 4 | BA Dragons U21 Women | 2 | 1:11.71 |
| | | | | |
| Race | Lane | Women Heat 3 | Place | Time |
| 174 | 1 | HNC Water Dragons U21 Women | 1 | 1:08.59 |
| | 2 | St Francois Girls College Orcas U21 Women | 2 | 1:09.59 |
| 4:45 PM | 3 | | | |
| U21 | 4 | | | |
| | | | | |
| Race | Lane | Open Tail 1 | Place | Time |
| 175 | 1 | | | |
| | 2 | Caciques | | |
| 4:51 PM | 3 | Ithaca Gorges DBC Premier Open | | |
| U21 | 4 | | | |
| | | | | |
| Race | Lane | Open Tail 2 | Place | Time |
| 176 | 1 | Ithaca Gorges DBC Premier Open | 4 | 1:06.89 |
| | 2 | Trailblazers Premier Open | 3 | 1:03.50 |
| 4:57 PM | 3 | Sky DBC Premier Open | 1 | 1:02.31 |
| Premier | 4 | WAM Premier Open | 2 | 1:03.37 |
| | | | | |
| Race | Lane | Open Minor Final | Place | Time |
| 177 | 1 | Dragons of the Carribean Premier Open | 4 | 1:01.57 |
| | 2 | Aquaforce Premier Open | 3 | 1:00.72 |
| 5:03 PM | 3 | SACA Golden Dragons Premier Open | 1 | 0:59.46 |
| Premier | 4 | Red Dragons Premier Open | 2 | 1:00.41 |
| | | | | |
| Race | Lane | Open Major Final | Place | Time |
| 178 | 1 | Oceanus DBC Premier Open | 2 | 0:58.92 |
| | 2 | Friendship Dragons Premier Open | 1 | 0:58.63 |
| 5:09 PM | 3 | Aquaholics Premier Open | 3 | 0:59.05 |
| Premier | 4 | Titans Premier Open | 4 | 0:59.35 |

PACCCs 2019
200m races

| | Team Name | Heat 1 | Heat 2 | heat 3 | Total | Rank |
|--------------------|--|---------|---------|---------|---------|------|
| Snr C Mixed | Rogue Dragons Snr C Mixed | 1:03.07 | 1:04.67 | 1:04.51 | 3:12.25 | 1 |
| | Florida Tarpons Snr C Mixed | 1:02.79 | 1:05.40 | 1:05.03 | 3:13.22 | 2 |
| | WAM Snr C Mixed | 1:04.29 | 1:05.90 | 1:06.05 | 3:16.25 | 3 |
| | Harbour City DBA Snr C Mixed | 1:06.04 | 1:07.14 | 1:06.44 | 3:19.63 | 4 |
| U21 Mixed | Trinity College One Ton Warriors U21 Mixed | 1:03.23 | 1:04.13 | 1:06.87 | 3:14.24 | 1 |
| | HVC Hyperion U21 Mixed | 1:04.32 | 1:05.12 | 1:06.43 | 3:15.87 | 2 |
| | Thames River U21 Mixed | 1:05.16 | 1:07.01 | 1:06.88 | 3:19.05 | 3 |
| | South East Sea Dragons U21 Mixed | 1:06.39 | 1:09.14 | 1:08.04 | 3:23.57 | 4 |
| Snr A Mixed | Team DPW Snr A Mixed | 1:03.64 | 1:04.48 | 1:04.70 | 3:12.82 | 1 |
| | Pond Scum Snr A Mixed | 1:04.41 | 1:04.92 | 1:04.83 | 3:14.16 | 2 |
| | Red Dragons Snr A Mixed | 1:04.04 | 1:06.01 | 1:06.45 | 3:16.51 | 3 |
| | SACA Golden Dragons Snr A Mixed | 1:05.22 | 1:04.93 | 1:06.82 | 3:16.96 | 4 |
| | Trailblazers Snr A Mixed | 1:05.82 | 1:06.68 | 1:07.20 | 3:19.69 | 5 |
| | | | | 0:00.00 | | |
| U16 Mixed | Titans U16 Mixed | 1:07.54 | 1:11.08 | 1:09.15 | 3:27.77 | 1 |
| | South East Sea Dragons U16 Mixed | 1:12.87 | 1:15.51 | 1:13.74 | 3:42.13 | 2 |
| Snr B Mixed | Pickering DBC Snr B Mixed | 1:03.78 | 1:04.27 | 1:06.81 | 3:14.87 | 1 |
| | Florida Tarpons Snr B Mixed | 1:03.59 | 1:04.67 | 1:07.01 | 3:15.26 | 2 |
| | 22 Dragons Snr B Mixed | 1:04.62 | 1:05.62 | 1:07.37 | 3:17.60 | 3 |
| | Pond Scum Snr B Mixed | 1:04.24 | 1:06.01 | 1:07.46 | 3:17.72 | 4 |
| | Charleston DBC Fire Breathers Snr B Mixed | 1:07.37 | 1:05.60 | 1:08.50 | 3:21.47 | 5 |
| | Team DPW Snr B Mixed | DNR | DNR | DNR | 0:00.00 | |
| | | | | 0:00.00 | | |

PACCCs 2019
200m races

| | Team Name | Heat 1 | Heat 2 | heat 3 | Total | Rank |
|--------------------|---|---------|---------|---------|---------|------|
| Snr C Open | WAM Snr C Open | 1:09.15 | 1:09.23 | 1:07.78 | 3:26.17 | 1 |
| | Harbour City DBA Snr C Open | 1:10.41 | 1:09.58 | 1:08.71 | 3:28.70 | 2 |
| | | | | | 0:00.00 | 3 |
| U16 Open | Titans U16 Open | 1:11.60 | 1:10.50 | 1:09.20 | 3:31.30 | 1 |
| | | | | | 0:00.00 | 2 |
| Snr A Open | Pond Scum DBC Snr A Open | 1:06.96 | 1:06.97 | 1:04.14 | 3:18.06 | 1 |
| | Team DPW Snr A Open | 1:08.15 | 1:06.23 | 1:04.35 | 3:18.73 | 2 |
| | Red Dragons Snr A Open | 1:07.66 | 1:06.92 | 1:04.48 | 3:19.06 | 3 |
| | SACA Golden Dragons Snr A Open | 1:07.39 | 1:07.13 | 1:04.74 | 3:19.26 | 4 |
| U21 Open | HVC Hyperion U21 Open | 1:07.74 | 1:06.10 | 1:03.35 | 3:17.19 | 1 |
| | Trinity College One Ton Warriors U21 Open | 1:10.00 | 1:06.44 | 1:02.21 | 3:18.64 | 2 |
| | Imperium U21 Open | 1:07.77 | 1:06.86 | 1:04.14 | 3:18.77 | 3 |
| | Thames River U21 Open | 1:11.00 | 1:08.80 | 1:07.63 | 3:27.44 | 4 |
| Snr B Open | Florida Tarpons Snr B Open | 1:08.47 | 1:05.22 | 1:02.99 | 3:16.68 | 1 |
| | Pickering DBC Snr B Open | 1:09.52 | 1:07.40 | 1:05.20 | 3:22.12 | 2 |
| | 22 Dragons Snr B Open | 1:09.16 | 1:07.91 | 1:05.10 | 3:22.17 | 3 |
| | Pond Scum DBC Snr B Open | 1:09.05 | 1:08.26 | 1:07.32 | 3:24.63 | 4 |
| U16 Women | BA Dragons Sledgehammer U16 Women | 1:19.60 | 1:15.59 | 1:15.59 | 3:50.78 | 1 |
| | BA Dragons Katana U16 Women | 1:22.39 | 1:16.26 | 1:19.84 | 3:58.49 | 2 |
| | | | | | 0:00.00 | 3 |
| | | | | | 4 | |
| Snr B Women | Pickering DBC Snr B Women | 1:10.82 | 1:08.31 | 1:06.97 | 3:26.10 | 1 |
| | Fort Langley Fast & Furious Snr B Women | 1:11.82 | 1:09.13 | 1:08.03 | 3:28.98 | 2 |
| | Dragon Boat Training Snr B Women | 1:11.91 | 1:10.08 | 1:08.66 | 3:30.64 | 3 |
| | Pond Scum DBC Snr B Women | 1:12.07 | 1:09.53 | 1:09.18 | 3:30.78 | 4 |
| | Pickering DBC Rec Snr B Women | 1:14.69 | 1:13.77 | 1:11.98 | 3:40.44 | 5 |
| | | | | 0:00.00 | | |

PACCCs 2019
200m races

| | Team Name | Heat 1 | Heat 2 | heat 3 | Total | Rank |
|--------------------|-----------------------------------|---------|---------|---------|---------|------|
| Snr A Women | Team DPW Snr A Women | DNR | DNR | DNR | 0:00.00 | |
| | Florida Tarpons Snr A Women | 1:09.94 | 1:06.85 | 1:04.89 | 3:21.68 | 1 |
| | Cascades Snr A Women | 1:09.85 | 1:07.18 | 1:07.35 | 3:24.38 | 2 |
| | SACA Golden Dragons Snr A Women | 1:10.93 | 1:09.50 | 1:09.17 | 3:29.60 | 3 |
| | Red Dragons Snr A Women | 1:10.94 | 1:10.16 | 1:10.14 | 3:31.24 | 4 |
| | | | | 0:00.00 | | |
| Snr C Women | WAM Snr C Women | 1:12.38 | 1:08.51 | 1:07.64 | 3:28.52 | 1 |
| | Fort Langley Titanium Snr C Women | 1:12.50 | 1:09.30 | 1:07.32 | 3:29.12 | 2 |
| | Harbour City DBA Snr C Women | 1:14.53 | 1:13.20 | 1:12.93 | 3:40.65 | 3 |
| | Fort Langley D-Fyance Snr C Women | 1:20.61 | 1:16.38 | 1:15.34 | 3:52.33 | 4 |
| | | | | | | |